

Prescribing extensively hydrolysed and amino acid-based formula for cow's milk allergy FEBRUARY 2022

Abbott Nutrition have issued a product recall for Alimentum and Elecare infant formula. Please see [here](#) for more information. This requires immediate action from practices in accordance with the advice below.

- Please contact all families using Alimentum & Elecare infant formula to inform them of the product recall and ask them to return the formula to the issuing pharmacy.
- Prescriptions for Alimentum formula can be reissued for Nutramigen 1 LGG.
- Prescriptions for Elecare formula can be reissued for any of the available amino acid formula listed below.
- For infants with suspected cow's milk allergy or that are newly diagnosed the first line choice - SMA Althera - can be prescribed.
- Parents/carers will need to be advised to use the NHS safe preparation guidelines for making up Nutramigen LGG 1 formula as the advice on the tin is to use room temperature water which does not meet current government guidelines. <https://www.nhs.uk/conditions/baby/breastfeeding-and-bottle-feeding/bottle-feeding/making-up-baby-formula/>
- Please reassure families that the risk posed to their baby is minimal if they prepare infant formula using the NHS safe preparation guidelines.

Guidelines for prescribing infant formula in primary care February 2022						
Diagnosis	Guidance	Age range	Formula	Vol. < 6mths for 28 days	Vol. > 6mths for 28 days	Review criteria
Cow's Milk Protein Allergy	First Line EHF to be used first line if CMPA suspected.	Birth to 1 year	1st line primary care SMA Althera (SMA Nutrition) <i>Whey based</i> <i>Contains Lactose</i>	10 x 400g	7x 400g	NB: children with significant gut symptoms may not tolerate this formula as it contains lactose. Trial second line casein-based formula instead Prescribe until 1 yr. of age
	Second Line EHF to be used if first line formula does not resolve symptoms	Birth to 1 year	2nd line primary care Nutramigen LGG 1 (Mead Johnson) <i>Casein based</i> <i>Lactose-free</i>	10 x 400g	7 x 400g	NB: if prescribing Nutamigen LGG 1 ensure parents/carers use NHS infant formula preparation method – see below Prescribe until 1 yr. of age
	Amino Acid based formula Preferably started in secondary care	Birth to 1 year	SMA Alfamino Puramino Neocate LCP	10 x 400g	7x 400g	NB: amino acid formula should only be started if EHF formula trial is not successful at resolving symptoms Prescribe until 1 yr. of age

The guideline is to support this interim switching safely. Any concerns should be directed to Sarah Wocka, Paediatric Prescribing Support Dietitian (Milton Keynes) on sarah.wocka@nhs.net (working days are Mondays and Thursdays) or Emma Cronly-Dillon, Paediatric Lead and Prescribing Support Dietician (Bedfordshire and Luton) on emma.cronly-dillon@nhs.net (working days Tuesdays -Fridays) .